

## When a discussion about driving becomes necessary:

### BE PREPARED

- Make a list of safety and medical concerns.
- Explore legal concerns and licensing requirements.
- Plan for future transportation needs.
- Plan early, especially if illness is progressive.

### BE STRATEGIC

- Consider family dynamics; some family members may not acknowledge the problem.
- Decide who would be best to raise the topic.
- Be aware that the driver may lack insight about driving problems.
- Expect resistance. Find out what driving means to the person.
- Remain positive. Focus on what you can do.
- Be sensitive but resolved.

### OPEN THE DISCUSSION

- When appropriate, acknowledge the driver's past driving record.
- Note that things have changed.
- Blame the medical condition, not the person.
- Discuss the implications of having a crash.
- Be responsive to their concerns.
- Focus on need for driving assessment.
- Address future transportation options.

# WORRIED ABOUT SOMEONE'S DRIVING?

If you are worried about a loved one's driving ask their physician to refer for a **DriveABLE** assessment and get peace of mind. Your local provider is:

**Adult  
Driver  
Services**.com  
An affiliate of Driver Safety Consultants

Telephone: 719-648-6222

Fax : 877-206-7997

Email: [info@adultdriverservices.com](mailto:info@adultdriverservices.com)

Two locations available:

4327 N. Academy Blvd. Colorado Springs and  
400 West Midland Ave. Suite 208 Woodland Park



▶ **DRIVEABLE.COM**



## Driving skills can change.

### What are the signs?

There are many warning signs to the driver or to a loved one that there may be a problem:

- **Unaware of driving errors**
- **Close calls**
- **Driving too slowly**
- **Unaware of other vehicles**
- **Missing traffic signs**
- **Getting lost or confused**
- **Confusing the brake and gas pedals**
- **Being honked at by other drivers**

Other non-driving signs such as a decline in ability to do everyday tasks, memory loss, disorientation, loss of strength or balance may indicate an assessment is necessary.

### Objective and Unbiased.

The DriveABLE Cognitive Assessment was scientifically developed and validated through award-winning university research.

Designed specifically for experienced drivers with medical conditions that affect mental abilities, it provides an unbiased and objective measure of how the skills required for driving may have been compromised.

DriveABLE provides the answer for the sensitive and difficult driving issue facing drivers and their families when dealing with a brain injury, disease or debilitating medication use.

Talk to your loved one's physician about a referral for the test if you have concerns.

- **Medical conditions can affect people at any age, but they are more likely to occur as we age.**
- **Many medical conditions such as Alzheimer's, Heart Disease, and Diabetes can affect driving abilities.**
- **Medications can seriously impair the ability to drive.**
- **Even when no single condition is severe, several conditions can combine to make the person unsafe to drive.**

## DriveABLE Cognitive Assessment Tool

One of the most difficult decisions facing physicians and families today is how to deal with the driving issue when a patient or loved one has a medical condition or is taking medications that may have affected the mental abilities necessary for driving.

When a person is unsafe to drive, that person must stop driving. The problem is in knowing when to stop.

The **DriveABLE Cognitive Assessment Tool** or **DCAT** is one of the world's leading technologies for providing fair and accurate information about the safety of your loved one and other road users.

Don't leave this important decision to chance. Ask for the assessment trusted by healthcare professionals and licensing authorities to provide this crucial information!

